

SENIORS Newsletter

November 2019



THE ALPINE TRAVELLER SCHEDULE

Fall 2019

MONDAY

Alpine Summit* Outing

Departure:
From Alpine Summit
1pm

Return:
From Town
4pm

*for residents of Alpine Summit

THURSDAY

Hinton Trips*

1st & 3rd Thursday of the month

Departure:
Home Pick-Ups
8am

Return:
Leave Hinton
3pm

\$20 *for all Jasper residents

FRIDAY

Town Run for all Jasper Seniors

Departure:
Home Pick-Ups
1pm

Return:
From Town
4pm

\$7

BUS PASS

NEW

Purchase a
monthly bus pass
for \$50
to ride the bus
all month long

Passes are available at
Alpine Summit Seniors
Lodge & Community
Outreach Services

Evergreen Bus trips are open to everyone with the exception of Monday's outing.

TO BOOK A TRIP, CALL 780-931-9800.

Building a welcoming and inclusive community.



COMMUNITY OUTREACH SERVICES
627 Patricia St.
M-F 9:00 am - 4:30 pm
P: 780-852-6536 F: 780-852-2147
lshore@town.jasper.ab.ca



SUN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT



November 2019 Seniors Calendar

					<p>1 1pm Seniors Bus to Jasper shops/apts. 1-3pm Coffee Connections @ COS 7pm Bridge, Pine Grove</p>	2
3	<p>4 1-3pm Coffee Connections @ COS</p>	<p>5 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1-3pm Community Coffee Connections @ COS 1:30pm Cards, Sr. Lounge</p>	<p>6 10:30am Knitting @ Library 1-3pm Community Coffee Connections @ COS 1-5 Mixed Bridge @ Sr. Lounge</p>	<p>7 8am-4pm Seniors Bus Trip to Hinton 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1:30pm Sr. Reading @ Library 1-3 World Cafe @ COS</p>	<p>8 1pm Seniors Bus to Jasper shops/apts. 1-3pm Coffee Connections @ COS 7pm Bridge, Pine Grove</p>	9
10	<p>11 Remembrance Day Ceremony 10:45am Jasper Activity Centre</p>	<p>12 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1-3pm Community Coffee Connections @ COS 1:30pm Cards, Sr. Lounge</p>	<p>13 10:30am Knitting @ Library 1-3pm Community Coffee Connections @ COS 1-5 Mixed Bridge @ Sr. Lounge</p>	<p>14 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1:30pm Sr. Reading @ Library 1-3 World Cafe @ COS</p>	<p>15 1pm Seniors Bus to Jasper shops/apts. 1-3pm Coffee Connections @ COS 7pm Bridge, Pine Grove</p>	16
17	<p>18 1-3pm Coffee Connections @ COS 1:30pm Seniors Society Business Meeting</p>	<p>19 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1-3pm Community Coffee Connections @ COS 1:30pm Cards, Sr. Lounge</p>	<p>20 10:30am Knitting @ Library 1-3pm Community Coffee Connections @ COS 1-5 Mixed Bridge @ Sr. Lounge</p>	<p>21 8am-4pm Seniors Bus Trip to Hinton 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1:30pm Sr. Reading @ Library 1-3 World Cafe @ COS</p>	<p>22 1pm Seniors Bus to Jasper shops/apts. 1-3pm Coffee Connections @ COS 7pm Bridge, Pine Grove</p>	23
24	<p>25 1-3pm Coffee Connections @ COS</p>	<p>26 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1-3pm Community Coffee Connections @ COS 1:30pm Cards, Sr. Lounge</p>	<p>27 10:30am Knitting @ Library 1-3pm Community Coffee Connections @ COS 1-5 Mixed Bridge @ Sr. Lounge</p>	<p>28 1-2pm Seniors' Exercise @ Seton Healthcare 1pm Seniors Curling 1:30pm Sr. Reading @ Library 1-3 World Cafe @ COS</p>	<p>29 1pm Seniors Bus to Jasper shops/apts. 1-3pm Coffee Connections @ COS 7pm Bridge, Pine Grove</p>	30