



Buttercups Daily Routine

The infant and toddler routines are child driven. We as Early Childhood Teachers follow the needs of the child whether it is napping, eating, or playing. We will provide opportunities in a play based environment to foster all areas of development. This includes daily outside times and various activities and experiences throughout the day. Playing is learning at any age!

7:45 Centre Opens- Free play in marigolds room with toddlers

9:00 - Morning Snack

9:30 - Diapers checked/changed

10:00 - Outside time

11:15 - Lunch time

12:00 - Clean up/Diapers checked/changed

12:15 - Naptime

2:00 - Art/Sand/Water/Free play

3:00 -Afternoon Snack

3:30 -Clean up

3:45-Diapers checked/changed

4:00 - Outside time

5:45 - Closing

*In addition to the scheduled diapering times, diapers changed throughout the day. Schedule does fluctuate based on children's needs and naps.

Marigold Daily Routine



7:45 - Arrival and Free Play

8:30 - Morning snack commences

9:00 - Bathroom routine and diapers checked/changed

9:15 - Circle time

9:45 - Outside time/ free play/ walks

11:15 - Lunch time

11:45 - Bathroom routine, tooth brushing and diapers changed

12:15 - Nap time

2:00- Craft time as the children wake up

3:00-Afternoon snack

3:30 - Crafts/Playtime

3:45 - Bathroom routine and diapers checked/changed

4:15 - Outside time/free play, pick up time commences

5:00 - 5:15 return to room for play/storytime/songs

5:45- Centre closed

*Our routine is flexible to meet the needs of the children.
Diapers are also changed as needed throughout the day.

Clovers Daily Routine



7:45 - Arrival and Free Play

8:30 - Morning snack commences

9:00 - Bathroom routine and diapers checked/changed

9:15 - Circle time

9:45 - Outside time/ free play/ walks

11:15 - Lunch time

11:45 - Bathroom routine, tooth brushing and diapers changed

12:15 - Nap time

2:00- Craft time as the children wake up

3:00-Afternoon snack

3:30 - Crafts/Playtime

3:45 - Bathroom routine and diapers checked/changed

4:15 - Outside time/free play, pick up time commences

5:00 - 5:15 return to room for play/storytime/songs

5:45- Centre closed

*Our routine is flexible to meet the needs of the children.
Diapers are also changed as needed throughout the day.

Bluebells Daily Routine

7:45- Arrival and free play in our room

8:15- Open snack time

9:15-Arts/Crafts

9:45- Clean up time

10:00- Circle time

10:20-Washroom break/ready to go outside

10:30- Outside time/Go for a walk

11:30- Story time, washing hands, bathroom break

Noon- Lunch time

12:45-Clean up time and washroom break

1:00- Nap time/Quiet time

2:40- Clean up time and handwashing

3:00- snack time

3:15-Washroom break

3:30- Outside time

5:30-Clean up

5:45-Centre closes



Additional Activities:

Winter - Swimming, Skating & Sledding

Summer – Hiking, Biking, Water Play, visits to the various parks



Sunflower Daily Routine

7:45- Arrival and free play/open snack time

9:45- Clean up

10:00- Sunflower of the day

10:15- Washroom break

10:30- Outside time

11:30-Handwashing/ story time

Noon- Lunch time

12:45-washroom-brushing teeth and washing faces

1:00- Quiet time

1:15-Circle time

1:30- Creative/free play/Special activity

3:15- Clean up and Story time

3:30-Handwashing and snack time

4:00- Game/story

4:10-Washroom break

4:15- Outdoor play

5:45- Centre closes

Additional Activities:

Winter - Swimming, Skating & Sledding

Summer – Hiking, Biking, Water Play, visits to the various parks